



**St. Francis Yacht Club Junior Racing Team**

Presents the



# Thanksgiving *29er* Clinic

November 25 and 26, 2006



## Schedule

### Saturday:

Registration at 0930, meeting at 1000 and onto the water immediately afterward. Boathandling and speedtuning will be the focus on the water. Back at the dock around 1630, debrief should be done by 1800

### Sunday:

Rig up before 1030 meeting. Racing style practice until 1600 followed by debrief and bon voyage.



Coaches Johnny Heineken (current US National Champion) and Ben Glass will be eagerly giving out the family secrets on Boatspeed and any other subjects you want to know about. Whether you are putting your boat in a container for Argentina and need the last bit of practice or are just in need of getting in some quality sailing time, you should plan on coming out to the St. Francis after filling your belly with turkey and potatoes.

Entry Fee will be \$75 per person. We will provide a bagel with fruit breakfast and power bars and fruit on the water. Snacks will also be available during the debriefs.

Please RSVP by emailing [junior@stfyc.com](mailto:junior@stfyc.com)